

## **Management of Tennis Athlete Coaching at Pelti Lampung Province**



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**ABSTRACT:** The purpose of this study was to determine the management of tennis athlete coaching at PELTI Lampung Province. This research is included in qualitative research. Sampling was done by purposive sampling to select research subjects. In this study, interviews, observations, and documentation were used to collect data. The interactive data analysis model was used in this study, which consisted of three parts: data reduction, data presentation, and conclusion drawing. Based on the results of the study, it can be concluded that the PELTI of Lampung Province has carried out and carried out the management of coaching tennis athletes well. A thorough preparation process has been carried out by PELTI Lampung Province before the field tennis sport developed in Lampung Province. Starting with the preparation of funding for sports, finding human resources, and preparing tools for training needs. Although the management of tennis athlete development is good, it still has to be developed in a better direction.

**KEYWORDS:** Management, Coaching, Athletes, Tennis Court

### **INTRODUCTION**

Tennis is a sport in which players use a racket and ball to hit the ball as quickly as possible or as far away from the opponent's body as possible to prevent them from returning it (Kiki Riski Dinova, Muhammad Jafar, 2016). Field tennis is a sport that can be played by two individuals in pairs or by two individuals singly (Kardiawan et al., 2018). The goal of this game is to score points by hitting the ball in all directions determined by the rules so that the opponent cannot reach it and points are scored (Setyawan & Irwansyah, 2019). Each player uses a racket to hit the ball (Ilham & Marheni, 2018).

Factors such as the duration of the game, opponents, weather, and the type of stroke used, tennis is an unpredictable sport (Rahmat Trisnawan & Subagio, 2018). Unlike other sports that have a time limit, court tennis does not have a time limit for competing (Kurdi & Qomarrullah, 2020). Due to its history and tradition, tennis is a unique sport. Field tennis teaches respect for rules, a positive mental attitude, and good manners (Ngatman & Sulistyatna, 2017). Since court tennis is a very individual sport, self-confidence is highly emphasized. Foot speed, controlled accuracy, stamina, anticipation, determination, and ingenuity are all needed to play tennis (Zoki & Saputra, 2018).

Since there are not many tennis courts in an area it is difficult for everyone in the community to play this sport of tennis. To play tennis, you have to rent a court, and even then the equipment varies from basic to very expensive (Mashuri, 2019). As a result, the vision and mission of the organization can only be realized through effective management. Organizational management is needed to facilitate the achievement of the organization's vision and mission and achievement development. The parent sports organization must provide guidance both at the regional and central levels (Amni et al., 2019). The process of finding and monitoring talent, education, and training for science-based sports achievements, as well as improving the quality of the sports organization itself at the national and regional levels, must be carried out by coaching athletes as early as possible (Gatot Margisal Utomo & Daru Cahyono, 2020).

### **METHODOLOGY**

With a fundamental interpretive-based approach, this research is included in qualitative research. Fundamental interpretive studies investigate the role of invisible freedom-related concepts such as ideas and emotions in explaining individual behavior (Sugiyono, 2016). In PELTI Lampung Province, research was conducted on the organizational system for the development of tennis. Sampling was done by purposive sampling to select the subject of this study. In this study, interviews, observations, and documentation were used to collect data. The interactive data analysis model is used in this study, which consists of three parts: data reduction, data presentation, and conclusion drawing (Suharsimi, 2013).

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### RESULT AND DISCUSSION

Management in coaching athletes is an important part related to the activities of selecting, placing, orienting, and evaluating the performance of the sport. Likewise with coaching athletes tennis field in PELTI Lampung Province, without management the continuity process will not run. Management is divided into four parts, namely: planning, organizing, leadership, and evaluation. The management of coaching athletes in the field of tennis at PELTI Lampung Province has been carefully planned from before this sport was introduced to Indonesia. This is reinforced by the results of interviews with the general chairman of PELTI Lampung Province:

*"To form a sport, it must be based on careful analysis. One of the athletes is there or not, a competent coach is there or not and the equipment is there or not. Many things are considered to form a sport, so we first observe it in the regions."*

Preparations were made in all aspects, starting from human resources, funding and organizations that would facilitate the sport of tennis. In terms of work planning, everything has been well coordinated, starting with the tennis sport, which was formed in Indonesia by PELTI and all obstacles were well resolved. This has been prepared from the start because the work plan is related to funding. This is in line with the results of an interview with the general chairman of the field tennis sport, who said:

*"We at PELTI Lampung Province have RAKERNAS (National Work Meetings) throughout Indonesia, at that RAKERNAS we send representatives from provinces or regions throughout Indonesia. Where all the determination of whether or not the organization and others are determined at the RAKERNAS by way of deliberation. So that someone controls every PELTI in the province and region. In other words, the monitoring system is set at the RAKERNAS which is held annually. We also have a BPK (Financial Audit Board) team so that all budgets submitted and those that have been realized must be clear and reported according to the work plan period set by the Lampung Province PELTI. If it fits we get good and high grades."*

Because all funding is adjusted to the activities carried out at PELTI Lampung Province and the field tennis sport, so there is no difference in funding in the future. The second management is organizing, the sport of tennis is facilitated by PELTI Lampung Province. Each part of the Lampung Province PELTI has worked according to their respective portions. This information is in accordance with the results of interviews with sports coordinators who said:

*"The role of the coordinator is related to this training camp, because at the training center there must be training. We plan training programs, we continue to monitor the athletes' daily lives, we monitor the athletes' nutritional intake, we monitor the types of athletes' daily activities and become coordination to the top level."*

Likewise, the recruitment system for members and trainers has been prepared as well as possible. According to the results of interviews with tennis athlete coaches who said:

*"The trainer recruitment system at PELTI Lampung Province begins with a basic ability test and a coaching ability test before recruiting coaches and assistant coaches. Initial recruitment information was obtained from the Lampung Province PELTI office which was opened to the public, then the coordinators directed us for selection. The full scope of control is in the PELTI of Lampung Province."*

A process will end with results, the results are divided into two, namely good and bad results. Good and bad results will then be evaluated so that performance will continue to improve and prevent the same mistakes from happening. Without an evaluation, a sports coaching management process can be said to be incomplete. The management of coaching tennis athletes at PELTI Lampung Province has carried out a routine evaluation process. As the coach of the Lampung Province PELTI tennis athlete said during an interview, he said:

*"Overall, we evaluate together, specifically for each coach who does it. Usually every class has an evaluation after completing the exercise by means of daily monitoring observations. This is done by recording the pretest and posttest scores for each athlete. By telling athletes the results of their training every day, so that if there are deficiencies, they can be corrected. After the match, we evaluate both verbally and also using video matches so that we understand more about what is lacking and where is wrong."*

The results of the interviews above are also in accordance with the information obtained from the results of interviews with tennis athletes regarding the evaluation of training results at PELTI Lampung Province:

*"Before training every day, the type of training and training objectives are explained, then at the end of the training the coach shows today's scoring record and if there is an increase or decrease from yesterday I will be notified. We evaluate every day, every time we practice it is the result of our training, we are told so that we can improve if there are deficiencies, if it is good, it can be improved again. Usually told through direct speech."*

From the results of the interviews above, it can be concluded that the organization that facilitates the field tennis sport has carried out a good performance management component. Although it still has to be developed in a better direction so that the achievements of Indonesian tennis athletes, especially Lampung Province, are getting better.

The function of organizational management in a sport is always related to the activities of selecting, placing, orienting and evaluating the performance of the management of the sport. In the management of a sport, it is very necessary so that the sport can run and develop in a better direction. Management is a process of continuity of functions which include: planning, organizing, leadership, and evaluation. Planning is determining in advance the goals to be achieved and the facilities used to achieve those goals.

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In the development of sports achievements, achievement is the goal of all sports. Achievement will be achieved if the activity plan has been determined at the beginning and is known by all members of the organization so that it has the same goal.

According to the results of interviews conducted with the general chairman of the field tennis branch, the field tennis branch has already carried out the planning process. This is evidenced by the initial planning. PELTI Lampung Province has carried out mapping in all provinces in Indonesia, especially Lampung Province. Mapping is done to find out whether human resources are available or not. Human resources are athletes and coaches. This mapping is very much needed and useful in planning the establishment of a tennis court in Lampung Province.



**Figure 1. Research Documentation**

Organizing is creating a relationship between the activities to be carried out, the individuals who will perform them, and the physical factors required. From the above definition, it can be clarified that someone who is in the organization must be placed in accordance with his field of expertise, so that the person concerned performs the given task well, full of responsibility with maximum results. The placement of the composition of each part of the field tennis sport at PELTI Lampung Province is appropriate. For example, the coach is the person who has the most important role in the process of coaching athletes. All tennis athlete coaches come from sports graduates, so that in controlling, innovating, and carrying out training programs, coaches understand the dose and purpose of the training program.

Leadership is the attitude possessed by a leader to organize and direct his members so that they can carry out their duties effectively and efficiently with a predetermined and planned work program. In a leadership It contains several important aspects, including making decisions, directing and generating motivation. It can be concluded that if the leadership is good then the coaching process is good. The leader referred to in coaching tennis athletes is a coach. According to the results of interviews conducted with tennis athletes, the coach of tennis athletes at PELTI Lampung Province applies and shows discipline, courage, high fighting spirit, authority, sportsmanship, good knowledge, humor, and high social spirit.

An evaluation is needed in an organization. The process of determining which causes and factors give rise to discrepancies between plans, results and implementation processes is called evaluation. Evaluation aims to improve or correct activities that have been carried out or in progress so as to minimize mistakes that have been made so that goals are achieved more quickly in accordance with the specified time. The field tennis sport at PELTI Lampung Province has implemented a routine evaluation process. Good evaluation of work plans, budgets, training programs, and training results. With the evaluation to prevent errors and inefficiencies of the coaching process.

## CONCLUSION

PELTI Lampung Province has carried out and carried out the management of coaching tennis athletes well. A thorough preparation process has been carried out by PELTI Lampung Province before the field tennis sport developed in Lampung Province. Starting with the preparation of funding for sports, finding human resources, and preparing tools for training needs. Although the management of tennis athlete development is good, it still has to be developed in a better direction.

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